

Download Free Silicone Survivors Womens Experiences With Breast Implants Pdf For Free

Examining the Benefits of Massage Therapy For Survivors of Sexual and Domestic Violence Dec 06 2021 Women experience sexual and domestic violence at alarmingly high rates. Recovery from this type of trauma can be a complex and extensive process, that in best cases, involves a broad network for support. This dissertation examined the experiences of women over the age of 21 who have received massage therapy during their healing process from sexual or domestic violence. For the purposes of this study, the women who participated were often referred to as survivors of abuse. Current research examined in the literature review indicates that the effects of this type of trauma are multifaceted and that one of the interventions sought for diminishing the effects of this trauma is massage. The importance of this study, completed with the use of descriptive research methodology, included the opportunity to gain information from abuse survivors about their personal experiences with massage and how they can best be served by the massage therapist. The results of a self report survey and interview process provide valuable information to raise awareness of these societal issues among massage professionals. While the subjects were not interviewed about their specific experiences of abuse, they provided important information about the effects that these experiences have had on their lives. Further, the women interviewed shared information about the concerns that they had with regard to massage therapy and some of the specific experiences that they have had during massage sessions. Although the sample size was small, with 10 women interviewed, the information provided has clear implications for the practice of massage therapy. Some of the implications found involve therapist gender, trust building between client and practitioner, and communication with the client during massage therapy sessions. Recommendations for massage professionals have been made based on these findings. Further research opportunities exist in several areas and include screening massage clients for abuse during the intake process, examining the challenges for male massage therapists and female massage therapists, and evaluating the massage educational institutions for training in issues of trauma particular to sexual and domestic violence.

Disabled Women and Domestic Violence May 23 2023 This book uncovers the experiences of disabled women who have suffered domestic violence, drawing on the first UK national study conducted in this area. It discusses the nature of violence perpetrated against disabled women and the range of its impacts, and outlines how services can be developed and improved, pointing to examples of good practice.

Race, Culture, and Gender Sep 27 2023 This book presents an in-depth account of nine Black British women's experiences of violence and abuse. Through in depth interviews and analysis the author reveals their feelings of being silenced as children, women, Black women and as victims/survivors. Being silenced or staying silent about experiences of violence and abuse are key influences in how and when women access help and support and Kanyeredzi illuminates missed opportunities in how and when this help and support can and should be given. Based on women's descriptions of how they felt supported, listened to, yet 'unheard', chapters explore what professionals might face in the process of supporting Black women who access these services. The book contributes valuable understanding to the growing literature discussing challenges faced by minoritised women attempting to live full lives in the UK. It also includes images created as part of the project. This book is a useful resource for victims/survivors, students, researchers, clinical psychologists, counsellors, health professionals, social workers, educators and specialised violence support organisations.

A Longitudinal Analysis of Black Women's Experiences with a Domestic Violence Housing First (DVHF) Intervention Mar 29 2021 Black women are at an increased risk for intimate partner violence (IPV). The complex interrelationships among housing instability, risk, and severity of abuse among IPV survivors has been established in the research literature, particularly for Black women who are often standing at the intersection of poverty, race, and gender, which results in having fewer financial resources and options for affordable housing. A promising innovation that is gaining national popularity is the Domestic Violence Housing First (DVHF) model, which involves

providing survivor-driven mobile advocacy and flexible funding to meet the immediate housing needs of survivors. While preliminary evidence suggests the beneficial impacts of DVHF on improving survivors' safety, housing stability, and well-being, there is little research that rigorously evaluates the impact of DVHF on the outcomes of Black survivors. To address this gap, the current study examined the long-term impact of the DVHF model on the safety, housing stability, and depressive symptoms of 61 homeless or unstably housed Black survivors who had recently sought DV services from one of five agencies located in the Pacific Northwest region of the United States. Results indicate that those who received the DVHF model experienced less revictimization compared to those who received services as usual. These findings are promising and have useful implications for Black survivors, DV agencies, policy makers instituting relevant laws, and grant-making institutions funding survivor-related programs/services.

Violence Against Older Women, Volume II Feb 25 2021 This book brings together international research from scholars and activists on the forms of violence that older women experience into a unique, comprehensive two-volume set. This volume is concerned with understanding the consequences and impacts of violence against older women. The majority of policy and practice has been developed to reflect the dynamics and contexts of violence affecting young women, and most of the available support services had focused on the needs of those of child-bearing age. This volume sheds light on the specific needs and effectiveness of responses to violence against older women, and identifies both challenges and opportunities for developing services that meet older survivor's needs. It will be of interest to researchers in social and health care, gerontology, sociology and social policy, feminist research and criminology.

Exploring the Lived Experiences of Female Survivors of Domestic Violence Using Crafts Feb 08 2022

Hope and Healing Jan 27 2021 This book was compiled by a group of students participating in a leadership course in Charlotte, North Carolina. The group has declared a vision for the world in which they are committed to creating a world that is connected, compassionate, authentic, peaceful, and abundant. This book was inspired by that commitment. And suddenly, you know its time to start something new and trust the magic of new beginnings.

The Transition to Motherhood Apr 29 2021 The present study explored the lived experience of first-time pregnant women who have survived childhood sexual abuse and have immigrated to Canada. This experience was explored through an ecological lens to understand the multiple layers of impact these experiences had in these women's lives. Secondary data interviews, from a larger study on embodied trauma, were analyzed to better understand the impact of childhood sexual abuse, immigration and culture on the transition to motherhood. Qualitative phenomenological method was followed. Three themes emerged from the data, including transitions, vulnerability, and role concepts. Findings were compared with existing research. Implications for helping professionals, working with pregnant women, as well as the counselling field in general were discussed.

One in Eight Survivors' Stories Aug 22 2020

Betrayal by Comrades-in-arms Jul 01 2021 Study participants described being invisible as women and MST survivors as well as feeling trapped by an organization that closely parallels the military. Even so, they have shown resilience and are healing despite the perpetuation of betrayal by the VA health care system.

Understanding Adult Survivors of Domestic Violence in Childhood Jul 13 2022 A book that includes personal accounts and poems explores the experiences of adult survivors of domestic violence in childhood, addressing how to work with children exposed to domestic violence to address the issues before they grow up, as well as guidance on working with adult survivors. Original.

Silicone Survivors Apr 22 2023 Susan Zimmermann talked with forty women about one of the most sensitive issues of body image and health - their breasts, the chief attribute of femininity. In the aftermath of the early 1990s controversy over the use of silicone breast implants, how do women decide to undergo surgery to enhance or reconstruct their bodies? How does surgery alter a woman's self-image? How do they face the possibility of debilitating autoimmune disease from rupturing or leaking implants? Now, having faced years of medical and personal uncertainty, many have coped by reassessing their lives and their relationships, by sharing information and support with other women with implants, outreach that becomes a means for self-empowerment.

A Journey from Survival to Survivor, a Descriptive Account of Women's Experiences of Coping with Abuse Mar 09 2022 The purpose of this study was to increase the understanding of the coping process for adult survivors of domestic abuse by considering three phases of the abuse experience: childhood experiences, adult experiences, and current functioning. Ten second-order themes emerged from the women's data. These included: Growing Up ..., Common Features of Childhood Coping, Coping through Self-Control as a child, Coping through Connection as a child, As an Adult, Common Features of Adult Coping, Coping through Self-Control as an Adult, Coping through Connection as an Adult, Process of Change, and Current Appraisal. Through a discussion of these themes, three overarching themes were threaded throughout the women's responses and across the developmental time periods. Themes of low self-worth and self-blame (disturbance of self), defensive coping styles (affect regulation), and the need for connection yet the fear of intimacy (interpersonal relations) were presented as summary themes and connected with the supporting literature. (Abstract shortened by UMI.).

Empowering Survivors of Abuse Nov 05 2021 How can the health-care system be transformed from a site of further victimization to a place of sanctuary and empowerment for battered women and their children? This excellent compilation provides nurses, physicians, social workers and public health professionals with the skills needed to effectively intervene in cases of domestic violence. The volume contains original research together with clinical, policy and educational applications to give readers an understanding of abused women's experiences. Strategies for violence prevention, early identification, clinical interventions and policy reformation are among the vital topics covered by contributors who are directly involved, on a daily basis, with victims of interperson

Sharing Our Stories of Survival Jan 19 2023 A general introduction to the social and legal issues involved in acts of violence against Native women, this book's contributors are lawyers, social workers, social scientists, writers, poets, and victims. In the U.S. Native women are more likely than women from any other group to suffer violence, from rape and battery to more subtle forms of abuse, and *Sharing Our Stories of Survival* explores the causes and consequences of such behavior. The stories and case-studies presented here are often painful and raw, and the statistics are overwhelmingly grim; but a countervailing theme also runs through this extremely informative volume: Many of the women who appear in these pages are survivors, often strengthened by their travails, and the violence examined here is human violence, meaning that it can be changed, if only with much effort and education. The first step is to lay out the truth for all to see, and that is the purpose accomplished by this book.

Her Say May 11 2022 In 2013, Jackie Clark launched *The Aunties*, a grassroots charity helping women to rebuild their lives after a period of trauma. She quit her job, turning her back on her comfortable life, to focus on *The Aunties* full-time, becoming Aunty in Charge and assisting hundreds of women with material needs and emotional support. Jackie has long dreamed of a publication that gives these women a voice. This powerful new book features the stories of a number of very different New Zealand women, told their way. The collected stories chart their narrators' lives and personal histories, through the lens of having lived with - and escaped - an abusive relationship. *Her Say* is spoken from the heart, uncompromising but offering hope, redemption, personal triumph. It's a book for all women, showing how owning our stories gives us the power to write daring new endings. It will challenge, illuminate, and empower readers - not to mention the storytellers themselves.

Barriers to Pursuing Justice for Female Sexual Assault Survivors Aug 02 2021 An underdeveloped field of research among the experiences of sexual assault survivors is the navigation of the legal process. Existing research on the subject suggests the difficulties that survivors face in pursuing justice, but very little research directly draws insight from survivors themselves. This explorational study examines the experiences of female sexual assault survivors (N=66) in their pathways to pursuing justice for their crime. The researcher collected responses from participants through online forums such as Reddit and Pandora's Project, using an instrument that assesses the range of barriers that a survivor may experience. The results revealed that women overall have experienced or anticipated experiencing marked difficulties in navigating the legal system for a variety of reasons, most notably difficulties with the process, lack of case adherence to the rape script, revictimization, and victim-blaming. Key Words: Survivors, Women, Legal System.

Women Survivors' Experiences of Work Aug 14 2022 The importance of work, women's experiences of different work paths, and the effects abuse has on a woman's ability to work led to the question - how do women make meaning of the ways in which they have experienced the intersection of abuse and work? A qualitative research approach. within an overarching theoretical framework of social constructionism, and a narrative method forms the methodological basis for this work. Time-line drawings created by participants, concept maps. ghostwritten stories, and themes within and across participants formed the analysis. A major meta-theme across all participants related to the long-term effects of abuse experiences. The five women who shared their stories spoke of many barriers in their lives. At the same time. their stories shone with light and hope. Many of them reflected on how far they had come on their individual journeys of recovery and all had dreams for the future.

The Lived Experience of Women Domestic Violence Survivors Jul 21 2020

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Lived Through This Dec 18 2022 In these pages you'll meet a community of rape and sexual violence survivors who have been shaped, but refuse to be defined, by their histories of violence. They are brave, and they are outspoken—but, mostly, they are hopeful. From its insistently resolute opening essay to its final, deeply moving story, *Lived Through This* is a book that defies conventional wisdom about life in the wake of sexual violence, while putting names and faces on an issue that too often leaves its victims silent and invisible. Part personal history of Anne Ream's own experience rebuilding her life after violence, part memoir of a multi-country, multi-year journey spent listening to survivors, *Lived Through This* is at once deeply personal and resolutely political. In these pages we are introduced to, among others, the women of Atenco, Mexico, victims of rape and political torture who are speaking out about gender-based violence in Latin America; Beth Adubato, a woman who was raped by a popular athlete and then denied justice when her college failed to fully investigate the attack; and Jenny and Steve Bush, a rape survivor and her father who are working together to share Jenny's testimony of surviving rape at the hands of a veteran in order to alter the US military's response to sexual violence committed by those in its ranks. Writing with compassion, candor, and, at times, even much-needed humor, Ream brings us a series of stories and essays that are as insistent as they are incisive. Considered individually, her profiles are profoundly moving, and even inspiring. Considered collectively, they are a window into a world where sexual violence is more commonplace than most of us imagine. The accomplished and courageous women and men profiled in *Lived Through This* are, in the words of the author, "living reminders of all that remains possible in the wake of the terrible."

A Journey from Survival to Survivor, a Descriptive Account of Women's Experiences of Coping with Abuse Jan 07 2022

These Are Our Stories Jul 25 2023 *These Are Our Stories* is a collection of women's stories,

thoughts, and poems about the domestic abuse they have experienced throughout their lives. Transcribed directly from Jan Rosenberg's interviews with eleven women in the Florida panhandle, their histories embody the epidemic of domestic violence in America. The eleven survivors are lower to middle class women of various ethnic orientations, and range in age from their late twenties to mid-sixties. The survivors' stories are clarified with the use of diagrams from The Domestic Abuse Intervention Project (DAIP), and examined as the women re-build their lives hours and days at a time. These Are Our Stories provides two resource guides following the women's interviews. The first guide is adapted for use in north Florida to assist an abused woman in identifying her situation using these eleven women's stories as a thread. The second resource is a brief bibliography of literature and resources for domestic violence victims that can be used throughout the U.S.

My Red Quilt Sep 22 2020 "This book is incredible! I have never come across anything like this before and I wish I had sooner; it will save some, inspire others and definitely empower all." - Survivor A groundbreaking recovery resource, created by and for women survivors of narcissistic partner abuse, with 20% of net proceeds from the sale of the book being donated to charities supporting women impacted by domestic abuse. Her Story is an extraordinary collection of 80 poems and 20 pieces of original artwork, from around the world. A rallying cry from a global sisterhood, coming together to share their truth and shine a light for others to follow in their footsteps, on the path to freedom and healing. Your Story describes why expressive writing is such a powerful recovery tool and invites you to begin exploring, understanding and releasing your own pain, through journaling and poetry. Our Story shares more about Women of Wisdom and Courage(R), the global sisterhood for healing from narcissistic abuse and welcomes readers to join and share their own writing to raise awareness and inspire others. In addition to being a unique support resource on the journey to healing, this book comes highly recommended by professionals working with survivors in a range of settings, who wish to gain a deeper understanding of the impact of abuse, directly from the voices of women with lived experience. "I love it and will definitely use this resource."- Julie Watson, CEO of Women's Aid East & Midlothian Her Story. Your Story. Our Story. Together, we're all Women of Wisdom and Courage.

Trauma and the Rehabilitation of Trafficked Women Oct 04 2021 Based on research in camps in Iraqi Kurdistan and among refugees in Germany, this book addresses the challenges, strategies and support systems that exist for the rehabilitation and reintegration of Yazidi women recovering from human trafficking. Through in-depth interviews, focus group discussions and case studies, it gives women trafficked by ISIS their own voice to express their experiences during captivity, whilst offering an overview of the forms of support and protection available and necessary for survivors. An examination of the experiences and needs of refugee women who have undergone traumatizing experiences, Trauma and the Rehabilitation of Trafficked Women will appeal to scholars and policy makers with interests in gender studies, feminist thought, sexual violence during war, human trafficking and trauma recovery.

Survivors of Childhood Sexual Abuse and Midwifery Practice Jun 24 2023 Many midwives will care for women who are survivors of childhood sexual abuse (CSA), whether these women disclose this or not. Pregnant and birthing women commonly experience their bodies becoming 'public property', a variety of sometimes intimate medical procedures, and limited choices on where and how care is provided. For CSA survivors, who have suffered loss of ownership over their bodies as children and may experience recurring feelings of powerlessness and loss of control, these factors can combine with impersonal and medicalised settings and practices to deeply traumatic effect. 'Sexual abuse is all about power, not sex.' - interviewee Many midwives also experience powerlessness and loss of control as professionals as a result of these same settings and practices, and those midwives who are themselves CSA survivors bring a particularly acute awareness of this and of the needs of survivor mothers. This unique study sets out to gain a deeper understanding of the needs of these mothers by exploring them alongside the parallel experiences of survivor midwives. It explores the insights and reflections they together bring to midwifery, and the positive results of more collaborative, personal, communicative and ultimately empowering practices for all involved. 'The significance of this book is far wider than its immediate subject, for it offers us the opportunity to rethink our professional coping strategies. If we seek to make all our professional relationships ones of equality and opportunities for growth,

as would benefit someone who has suffered abuse, then we can all grow and flourish.' - from the Foreword by Mavis Kirkham

Women Survivors, Psychological Trauma, and the Politics of Resistance Jun 19 2020 Understand how women survivors of abuse have become empowered to work for social change and help others! This one-of-a-kind book explores the processes through which women survivors of abuse can transform psychological trauma into a politics of resistance and become involved in collective action for social change. *Women Survivors, Psychological Trauma, and the Politics of Resistance* uses the powerful testimony of survivors to reveal the processes, factors, insights, and conditions that prompted these women to join in the collective struggle opposing violence against women and children. Unlike other books that only examine the empowerment strategies that women employ to leave abusive relationships, this essential book is a unique, in-depth exploration of the social and psychological processes of survivors' empowerment. This book traces how these processes unfold, showing how women have made sense of their lives and became involved in action for social change. In this unique book, you will discover: how the transition house movement came about and how its practices were conceived and shaped how women survivors have learned to recognize "invisible" conflicts and contradictions in their lives new directions for feminist social work research the barriers that stand in the way of building communities dedicated to healing, action, and change how the involvement of survivors themselves can help to recreate shelters and women's organizations as settings for the collective struggle against violence which currently used remedies for woman/child abuse need to be reexamined . . . and much more! Containing qualitative studies of eleven women, analysis of their abusive experiences, and suggestions for new social work models to help survivors of abuse, *Women Survivors, Psychological Trauma, and the Politics of Resistance* will assist you in developing improved techniques from a feminist social work perspective to provide help to abused women.

***Survivors of Domestic Violence* Oct 28 2023**

***Lumbee Women Breast Cancer Survivors' Stories* Oct 24 2020 The purpose of this interpretive study was to understand the experiences of Lumbee women breast cancer survivors from the text of their oral stories about their life events related to surviving breast cancer. Lumbees, the largest American Indian tribe east of the Mississippi and the largest tribe never to have been confined to a reservation, are a unique people and are yet to be addressed in the nursing literature. As an oral people, Lumbees use their stories to recall past struggles and to instruct others who are encountering difficulties. Their stories revealed the meaning for them of surviving breast cancer as well as the foundations for their health care decisions. The research method delineated by Alligood and Fawcett within Gadamerian philosophical hermeneutics was used in this study because it allowed the researcher, a Lumbee nurse, to interpret the stories, leading to an understanding of these women's experiences. As a result of this study, the interpreter's understanding of breast cancer survival of Lumbee women changed to now include: a) the reciprocity of the experiences in the personal and communal worlds, b) the phases of change are a critical part of survival, c) the realization that the personal and communal worlds undergo the same three phases but have different patterns that are used to assist in survival, and d) survival is a transformative process for the woman and her community.**

***Gendered Experiences of Genocide* Sep 03 2021 Between February and September 1988, the Iraqi government destroyed over 2000 Kurdish villages, killing somewhere between 50,000 and 100,000 civilians and displacing many more. The operation was codenamed Anfal which literally means 'the spoils of war'. For the survivors of this campaign, Anfal did not end in September 1988: the aftermath of this catastrophe is as much a part of the Anfal story as the gas attacks, disappearances and life in the camps. This book examines Kurdish women's experience of violence, destruction, the disappearance of loved ones, and incarceration during the Anfal campaign. It explores the survival strategies of these women in the aftermath of genocide. By bringing together and highlighting women's own testimonies, Choman Hardi reconstructs the Anfal narrative in contrast to the current prevailing one which is highly politicised, simplified, and nationalistic. It also addresses women's silences about sexual abuse and rape in a patriarchal society which holds them responsible for having been a victim of sexual violence.**

***An Exploration of African American Women's Experiences with a Culturally Specific Domestic Violence Intervention* Sep 15 2022**

Survivor Moms Aug 26 2023 "A resource for women and their care providers".

Women and Genocide Feb 20 2023 Illuminating the unique experiences of women both during and after genocide, JoAnn DiGeorgio-Lutz and Donna Gosbee's edited collection is a vital addition to genocide scholarship. The contributors revisit genocides of the twentieth and twenty-first centuries, from Armenia in 1915 to Gujarat in 2002, examining the roles of women as victims, witnesses, survivors, and rescuers. The text underscores women's experiences as a central yet often overlooked component to the understanding of genocide. Drawing from narratives, memoirs, testimonies, and literature, this groundbreaking volume brings together women's stories of victimization, trauma, and survival. Each chapter is framed by a consistent methodology to allow for a comparative analysis, revealing the ways in which women's experiences across genocides are similar and yet profoundly different. By looking at genocide from a gendered perspective, *Women and Genocide* constitutes an important contribution to feminist research on war and political violence. Featuring critical thinking questions and concise histories of each genocidal period discussed, this highly accessible text is an ideal resource for both students and instructors in this field and for anyone interested in the study of women's lives in times of violence and conflict.

Trauma May 31 2021 Traumatic experiences and their consequences are often the core of life stories told by survivors of violence. In *Trauma: Life Stories of Survivors* leading academics explore the relationship between the experiences of terror and helplessness that have caused trauma, the ways in which survivors remember, and the representation of these memories in the language and form of their life stories. International case studies include the migration of Ethiopian Jews to Israel, the life stories of Guatemalan war widows, violence in South Africa, persecution of political prisoners in South Africa and the former Czechoslovakia, lynching in the Mississippi Delta, resistance in Zimbabwe's liberation war, sexual abuse, and the ongoing Irish troubles. The volume reveals the complexity of remembering and forgetting traumatic experiences, and shows that survivors are likely to express themselves in stories containing elements that are imaginary, fragmented, and loaded with symbolism. *Trauma: Life Stories of Survivors* is a groundbreaking work of relevance across the social sciences. This new perspective on trauma will be of particular importance to researchers in psychology, history, women's studies, anthropology, sociology and cultural studies.

Legal Experiences of Women Survivors of Domestic Violence Jun 12 2022

Is Anyone Listening? Apr 10 2022 Domestic violence is in the public eye as never before, but how often are abused women consulted or involved in the new services and policies? This book investigates, and reveals that the voices of survivors of domestic violence are often simply not heard; silenced, the women themselves become invisible. *Is Anyone Listening?* draws on the experiences of other service user movements to provide a strong conceptual framework for thinking about abused women's participation in policy and service development. It discusses empowerment issues and the women's movement against gender violence, exploring how far refuge organisations and other women's movement services have influenced statutory services and vice versa. It includes many practical ideas for involving women in the improvement of both policy and practice and gives examples of inspiring and innovative projects. Based on a study carried out as part of the Economic and Social Research Council's Violence Research Programme, *Is Anyone Listening?* offers a unique analysis of the sensitive and complex issues involved in developing service user participation within the domestic violence field. The insights it provides will enable policy-makers, activists, students, practitioners and women who have experienced domestic violence to move forward together.

Understanding Complex Trauma and Post-Traumatic Growth in Survivors of Sex Trafficking Nov 24 2020 Foregrounding the voices of women who have survived experiences of domestic sex trafficking in the US, this text implements qualitative research methodologies to illustrate how experiences of complex trauma have impact on women's identities, sexuality, relationships, and re-integration into communities. Building on theoretical understandings of complex trauma and posttraumatic growth, this volume centers insights from in-depth interviews and photovoice methodology to document survivors' experience of sex trafficking and recovery. Outlining the nature of support and services available, the text identifies recommendations for effective recovery and in doing so, emphasizes women's capacity for post-traumatic growth. Relationship

development, therapeutic and peer-support are highlighted as primary sources of healing. Ultimately, the text affirms the need for trauma-informed, ecological, and relational perspectives in the care of survivors. This text will benefit researchers, academics, and educators with an interest in trauma studies, clinical social work, and those working in mental health research more broadly. The text will also support further discussion and reflection around mental health services and support systems, adult trauma counselling, and mental health policy.

***Wife Rape* Nov 17 2022 With expertise and sensitivity, the author of this accessibly written volume addresses a real but long-neglected problem: the pain and humiliation of sexual assault suffered by many women at the hands of their partners. Extensive gathering of personal testimony from survivors, together with interviews with service providers, bears witness to a lack of validation and insufficient assistance currently available for such women. This volume gives hope to survivors and provides critical information for service providers to gain a better understanding of the seriousness of the problem.**

***Soul Survivors* Dec 26 2020 *Soul Survivors* gives voice to the women and children who stayed in Cambodia after the genocide (1975-1979), when nearly two million people died from execution, starvation or disease. It also includes the stories of two refugees who came to the U.S. as orphans, returning as young adults to help their country. These engaging personal narratives reveal that hope and kindness survived the darkest period of Cambodia's recent history. Sixty-four photographs draw the reader into contemporary Cambodia to witness the survivors' courageous work to rebuild their lives, families and culture in one of the poorest nations of the world. *Soul Survivors* includes a chronology of Cambodian history, a map, and an index. Additional chapters describe the Khmer Rouge, the role of the U.S., the land mine situation, and the Buddhist peace movement.**

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